

Adolescent Questionnaire

NAME: _____ DOB: _____

What brings you in today? _____

I. Education

1. Name of school _____ Grade level _____
2. Are you in gifted _____ college prep _____ technical _____ other _____
3. Are your grades: above average _____ average _____ less than average _____ failing _____
4. Have you ever been left back? Yes _____ No _____ If yes, what grade did you repeat? _____
5. How often do you get detentions? daily _____ weekly _____ monthly _____ rarely _____ never _____
6. Describe how you feel towards school? _____

II. Social

7. Do you have a group of friends to hang out with? Yes _____ No _____
8. Do you have a best friend? Yes _____ No _____
9. In your group do you feel: very popular _____ well liked _____ like a tag-a-long _____ other _____
Explain: _____
10. Most people in your group: drink Alcohol: Yes ___ No ___ do drugs: Yes ___ No ___ smoke cigarettes: Yes ___ No ___
11. What activities do you enjoy doing with your friends? _____
12. What activities do you enjoy when your alone? _____
13. Do your parents like _____ or dislike _____ your friends?

III. Family

14. With whom do you currently live? _____
15. My parents are: still married and live together ___ separated ___ divorced ___ never married ___ remarried ___
16. How many brothers or half brothers do you have? _____ ages _____
17. How many sisters or half sisters do you have? _____ ages _____
18. Do you have step brothers and/ or sisters? Yes _____ No _____ ages _____
19. Briefly describe your relationship with your mother. _____
20. Briefly describe your relationship with your father. _____
21. Whose idea was counseling? your idea _____ parents _____ school _____ court _____
22. What do you think about counseling? _____

IV. History

23. What are your current stressors? _____
24. What are your past stressors? _____
25. Have you ever experienced a traumatic event? _____
26. Have you ever experienced an abusive event? _____
27. Have you have difficulty controlling your anger? _____
28. Do you have substance abuse issues? _____
29. Have you ever thought of hurting yourself? _____
30. Are you having thoughts of hurting yourself currently? _____
31. Have you had, or are you having now, thoughts of hurting someone else? _____

The following is a list of behaviors, thoughts or feelings that you feel describe your personality. Please check those that apply.

Positive Personality Trait

- | | | | | | |
|--------------------------------------|-------------------------------------|-----------------------------------|--------------------------------------|--|--|
| <input type="checkbox"/> confident | <input type="checkbox"/> sensitive | <input type="checkbox"/> creative | <input type="checkbox"/> organized | <input type="checkbox"/> playful | <input type="checkbox"/> helpful |
| <input type="checkbox"/> flexible | <input type="checkbox"/> respectful | <input type="checkbox"/> honest | <input type="checkbox"/> assertive | <input type="checkbox"/> adjusts well | <input type="checkbox"/> understanding |
| <input type="checkbox"/> loyal | <input type="checkbox"/> optimistic | <input type="checkbox"/> happy | <input type="checkbox"/> responsible | <input type="checkbox"/> compassionate | <input type="checkbox"/> insightful |
| <input type="checkbox"/> cooperative | <input type="checkbox"/> calm | <input type="checkbox"/> loving | <input type="checkbox"/> independent | | |

Negative Personality Traits

- | | | | |
|--|--|--|---|
| <input type="checkbox"/> jealous | <input type="checkbox"/> worries | <input type="checkbox"/> angry | <input type="checkbox"/> frightened |
| <input type="checkbox"/> lazy | <input type="checkbox"/> sensitive | <input type="checkbox"/> low self esteem | <input type="checkbox"/> lonely |
| <input type="checkbox"/> bored | <input type="checkbox"/> sad | <input type="checkbox"/> tired | <input type="checkbox"/> fighting |
| <input type="checkbox"/> afraid to leave caretaker | <input type="checkbox"/> strong willed | <input type="checkbox"/> lying | <input type="checkbox"/> stealing |
| <input type="checkbox"/> cheating | <input type="checkbox"/> hurting animals | <input type="checkbox"/> setting fires | <input type="checkbox"/> defies authority |
| <input type="checkbox"/> picky eater | <input type="checkbox"/> wets bed | <input type="checkbox"/> vomits when upset | <input type="checkbox"/> sick often |
| <input type="checkbox"/> pulls own hair | <input type="checkbox"/> bites nails | <input type="checkbox"/> frequent constipation | <input type="checkbox"/> headaches |
| <input type="checkbox"/> stomach aches | <input type="checkbox"/> crying spells | <input type="checkbox"/> problems sleeping | <input type="checkbox"/> easily distracted |
| <input type="checkbox"/> problems concentrating | <input type="checkbox"/> can't sit still | <input type="checkbox"/> impulsive | <input type="checkbox"/> does not follow instructions |
| <input type="checkbox"/> refuses to go to school | <input type="checkbox"/> trouble in school | <input type="checkbox"/> legal problem | |